

26/08/2019 to 01/09/2019

 **Calendar, United Kingdom holidays**

August 2019

September 2019

M	T	W	T	F	S	S	M	T	W	T	F	S	S
29	30	31	1	2	3	4	26	27	28	29	30	31	1
5	6	7	8	9	10	11	2	3	4	5	6	7	8
12	13	14	15	16	17	18	9	10	11	12	13	14	15
19	20	21	22	23	24	25	16	17	18	19	20	21	22
26	27	28	29	30	31	1	23	24	25	26	27	28	29
2	3	4	5	6	7	8	30	1	2	3	4	5	6

	26 Mon	27 Tue	28 Wed	29 Thu	30 Fri	31 Sat	1 Sep Sun
8	Late Summer Holiday				Movie Theme Dress code!		
9			GYM - BODY PREP > 8.30am Arrive and Warm up > Session start 9am - 10am +	GYM - BODY PREP > 8.30am Arrive and Warm up > Session start 9am - 10am +	GYM - BODY PREP > 8.30am Arrive and Warm up > Session start 9am - 10am +		
10		Exec Rugby Strat meet 9.30am @ Jon's if he'd be so kind? TBC Joe Goodman	Rugby - Skills and Meets	Rugby - Skills and Meets	Rugby - Skills and Meets	Susie in for SCAT assessments	
11							
12	Architects meet The Downs Water Tower Cafe Joe Goodman						
13	UBRFC Preseason Social Team Build Day - Treasure Hunt tbc Joe Goodman						
14		PRES 1: CLUB CULTURE	PRES 4: PERFORMANCE SPORT	PRES 5: PLAY BOOK			
15		Intro 20 HRS SKILLS ACT - GRE/	Rugby - Field Session	Rugby - Field Session	PODS & Patterns Intro		
16		GYM - BODY PREP > 8.30am Arrive and Warm up > Session start 9am - 10am +					
17		Testing and Rugby 3G					
18		Intro games					
19	Sports Quiz @ Channings				Team Grub?		
20							
21							