

PERFORMANCE SPORT

UNIVERSITY OF BRISTOL RUGBY

REACH YOUR POTENTIAL ON AND OFF THE FIELD OF PLAY













MEN'S RUGBY



- 4thmost targeted university for graduaterecruitment
- The city of Bristol voted best place to live in the UK Sunday Times 2017

Passion fuelled and process driven, the UBRFC Rugby programme seeks to inspire, educate and empower players so that they may enjoy their rugby, reach their potential and develop into tomorrow's leaders.









- Personal profiling
- BUCS Premiership League Rugby
- 4 BUCS Teams
- Rugby 7's
- Touch Rugby
- Pre-season training
- Team touring

- Strength and conditioning coaching
- Physio and medical support
- Student lead committee
- Bespoke nutrition support
- Chimp paradox sport psychologysupport
- Video analysis
- Club dinner and charityevents

High-level players can apply for a Vice Chancellor's scholarship and Performance Squad, which has a dedicated team of coaches and support staff to help you to reach your full sporting potential.

For more information visit WWW.UBRFC.COM